

November 3, 2021 For immediate release

For more information, contact: Kim Engel, Director, 308-760-2415, kengel@pphd.org

Current booster recommendation, parents encouraged to seek COVID vaccine questions from credible sources

Who is eligible for a COVID booster shot?

If you received a Pfizer or Moderna series:

- 65 years and older
- Age 18+ who live in long-term care residents
- Age 18+ who have underlying medical conditions
- Age 18+ who work or live in high-risk settings

If you received a J& J vaccine:

Age 18+

Individuals can get their booster shots at least 6 months after Pfizer or Moderna or at least 2 months after J & J. You may have a preference on which booster shot to get, but you can get any booster shot.

COVID has disrupted our children's lives, interrupting school, youth sports, and time with friends and loved ones. Vaccinating our children is a step toward protecting their health and restoring their lives.

There's a lot of misinformation out there, especially targeted at parents. Don't believe everything you see or read online. Seek answers from credible sources.

"As a grandma, I encourage parents to please have their children five and older vaccinated. If you have questions, please talk with your physician, school nurse, pharmacist, or call us at public health," said Kim Engel, Panhandle Public Health District Director.

The Pfizer COVID vaccine is over 90% effective at preventing COVID in children ages 5 through 11 years. Getting your child vaccinated can help protect them against COVID, as well as reduce disruptions to in-person learning and group activities by helping curb community transmission.

COVID vaccines have undergone—and continue to undergo—the most intensive safety monitoring in U.S. history. In clinical trials of about 3,000 children, serious side effects were rare and self-limiting.

After getting a COVID vaccine, children may have some side effects similar to those seen in adults and with other vaccines. These are normal signs that their body is building protection, but they should go away in a few days.

Vaccinations have protection against all known variants, including Delta. For anyone age 5 and older, please get vaccinated. COVID vaccine is widely available across the Panhandle and there is no charge for the vaccine.

- Box Butte/Grant: https://tinyurl.com/25mwaapu | safeway.com
 - Walk-ins welcome
 - Dave's Pharmacy Hemingford & Alliance, Monday-Friday, 8 AM 5:30 PM (Pfizer 2 PM- 5:30 PM)
 - Alliance Community Pharmacy, Monday-Friday, 7:30 AM 6 PM
- Cheyenne/Deuel: https://tinyurl.com/5b5uac8p | walmart.com | safeway.com
 - Walk-ins welcome
 - O During COVID clinic hours visit https://tinyurl.com/5b5uac8p for days and hours
- Dawes/Sioux: https://tinyurl.com/x5d5nnbn | walmart.com | safeway.com
 - Walk-ins welcome
 - o Western Community Health Resources, Monday-Friday, 12:30 PM 1:30 PM
- Garden: To schedule an appointment visit <u>vaccinate.ne.gov</u> provider will call you
 - Walk-ins welcome
 - Regional West Garden County Clinic Front Desk, Monday-Friday, 8 AM 5 PM
- Kimball: https://tinyurl.com/d2u8txrs
 - Walk-ins welcome
 - o Kimball Health Services, Monday-Friday, 8 AM 4:30 PM
- Morrill: https://tinyurl.com/sb8mvumm
 - Walk-ins welcome
 - Morrill County Hospital Clinic, Wednesdays, 8 AM 4 PM
- Sheridan: https://tinyurl.com/cvrmkv38
 - Walk-ins welcome
 - o Gordon Rural Health Clinic, Monday-Friday, 8:30 AM- 9:30 AM
- Scotts Bluff/Banner: https://tinyurl.com/hkw7wk2p | walmart.com | safeway.com | walmart.com | safeway.com | walmart.com | safeway.com | walmart.com | safeway.com | walmart.com | safeway.com | walmart.com | safeway.com | safeway.com | walmart.com | safeway.com | <a href="mail
 - Walk-ins welcome
 - Gering CAPWN Health Center, Monday-Friday, 9 AM-12 PM & 1 PM-4 PM
 - Scottsbluff County Immunization Clinic, Monday-Friday, 9:40 AM-12:30 PM &
 1:30 PM-5:30 PM

If you are homebound or have a condition that makes it hard for you to access a COVID vaccine, Call Vianey Zitterkopf, RN at 308-430-8390 or Janet Felix, LPN at 308-672-4653.

People who are fully COVID vaccinated will not be required to quarantine due to close contact. If you have lost your COVID vaccine card, go to https://tinyurl.com/2zh7uhhu.

Unified Command confirms 244 more cases of COVID in the Panhandle.

All Ages: 244	
Region	Cases
Northern Panhandle	64
Scotts Bluff County	107
Southern Panhandle	73
Unknown	0

March 2, 2020-November 1, 2021

• Positive: 13,293

Last week's cases: (cases/100,000): 282.8

Last 7 day cases: 244

Last week's positivity rate: 13.6%

Deaths: 224

Deaths Pending Verification: 9Active Hospitalizations: 28

Total Cumulative Hospitalizations: 716

Current COVID testing access can be found at http://pphd.org/COVID-19.html.

The Panhandle COVID dashboard is available at www.pphd.org. The state COVID dashboard is available at https://tinyurl.com/ufj9fcuf. For the most up to date information from the CDC, visit https://www.cdc.gov/coronavirus/2019-ncov/index.html.

Panhandle Public Health District, Region 21, 22, and 23 Emergency Management, and Scotts Bluff County Health Department are working as a unified command on this evolving situation. Essential updates will be regularly communicated to the public and community partners.

Panhandle Public Health District is working together to improve the health, safety, and quality of life for all who live, learn, work, and play in the Panhandle. Our vision is that we are a healthier and safer Panhandle Community. Visit our website www.pphd.org.